Family Support Groups

Providing support to adult family members with a loved one affected by Substance Use Disorder

Contact Lynn Fuller to start a group in your area
hopeforfamilies123@gmail.com
603-817-6174

Dover
Families Hoping and Coping
Held every Thursday, 7:00—8:30 PM
SOS Recovery Community Center
4 Broadway
Dover NH
Contact: John 603-969-1305
Derral/Chuck 603-340-4025
Cindy 603-781-7232
Familieshopping@gmail.com

Exeter
Seacoast Family Support Group
Held 2nd & 4th Tues. monthly 6:30-8 PM
First Baptist Church, 2 Spring Street
Exeter, NH
Contact: Linda 978-578-5670
or Ann 603-731-4227

Farmington
Circle of Hope
Held 1st and 3rd Wed. monthly 7-8:30 PM
Central Cuts Salon, 83 Central Street
Farmington, NH
Contact: Lynn 603-817-6174
or Karen 603-735-1345
circleofhope603@yahoo.com

Keene
Hope and Help for Families
Held every Wednesday 6:30-8:00 PM
Keene Serenity Center
34 Mechanic Street
Keene, NH
Contact: Becky 603-860-0221

Lancaster
Caregiver Support Group
Held every other Wed. 4:30-5:30 PM
113 Main Street
Lancaster NH
Contact: Nathan 603-752-2511
nathan.morin@frc123.org

Manchester
Families Sharing Without Shame
Held every Sunday, 11:00—12:00 PM
Farnum Center
140 Queen City Avenue
Manchester, NH
Contact: Donna 603-568-0533
Donna@Donna4support.com

Nashua
Held 1st & 3rd Tues. monthly, 6-7:30 PM
St. Joseph Hospital, 172 Kinsley Street
Nashua, NH
Contact: Sue 603-351-8356
or Rose 603-882-6995

Portsmouth
Families Hoping and Coping
Held 1st & 3rd Wednesday, 7:00—8:30 PM
Safe Harbor Recovery Center,
865 Islington Street
Portsmouth, NH
Contact: Elaine 603-315-9177
or Tim 603-703-3948

Rochester
Circle Of HOPE
Held 2nd & 4th Tues monthly 7-8:30 PM
Frisbie Memorial Hospital
11 Whitall Road
Rochester, NH
Contact Renee or Ralph 603-617-9963

Seabrook
Held 3rd Thursday monthly 6-7 PM
Church of Christ
867 Lafayette Road
Seabrook, NH
Contact: Chucky 978-423-1222

Walpole
Hope and Help for Families
Walpole, NH
Contact: Becky 603-860-0221

Winchester
Hope for the Journey
Held every Thursday, 6:30-7:30 pm
United Church of Winchester
99 Main St.
Winchester, NH
Contact: Susan 603-203-5306