

Family Support Groups



**Are you concerned
about a loved one's
drug or alcohol use?**

Let's talk.

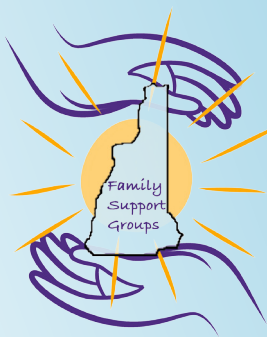
Our Family Support Groups are free and led by trained facilitators who understand. Connect today by visiting:
nhrecoveryhub.org/family-groups

Support Groups Provide Emotional Support & Help

- We share stories of **hope** and **resiliency**
- We support one another and have very often experienced similar concerns
- We learn about valuable resources such as:
 - Different treatment options
 - Peer recovery support services
 - Case management options
 - Crisis and relapse prevention planning

Contact us today

Lynn Fuller
Family Support Coordinator,
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hopeforfamilies123@
gmail.com



Engaging the treatment system isn't always easy, but we're here to help.

For a map of all family recovery support groups, visit:



nhrecoveryhub.org/family-groups

New Hampshire's family support groups
are a program of:

